



Dear Parents & Carers,

May has flown by, and this year it's seemed particularly speedy due to the extra bank holiday for the King's Coronation! We've had lots of themed activities across both school sites this term - not just for the Coronation, but also for Mental Health Awareness Week, and for International Dance Week, where every class was able to learn some new moves with a specialist dance teacher!

Our students have really continued to impress us this term with their increasingly thoughtful and mature approach to their studies - we are especially proud of our students who are sitting exams, all of whom have taken this very important milestone in their stride.

The last half-term will no doubt be another busy one, with lots more excitement and plenty of opportunities for the whole school to demonstrate our values - to care, nurture and inspire.

Wishing you all a sunny half term break,  
Pete Jenkins,  
Principal



## A MESSAGE FROM LEWIS HARBEN

Another half term gone in a flash, but we're now heading into what I think is the best term of the academic year - roll on the Summer sun! This term it's been extremely rewarding to observe the progress that so many students have made since September. All classes have been building appropriate, trusting relationships with staff and friendships with peers, whilst feeling safe, content and happy!

Now the weather has warmed up, the students have been able to maximise our outside spaces; enjoying the adventure play equipment, playing football on the garden lawn at College House and the courts at Place House, plus fun Forest School sessions at both sites.



I hope that you all have a relaxing break, and I can't wait to see what the next half term brings!

Lewis Harben,  
Deputy Principal.

## NEW STARTERS

We welcomed the following new staff to the school:



Josh Harris  
Teacher



Kate Carruthers  
Learning Support Assistant



Sophie Evans  
Learning Support Assistant



Rebecca Endacott  
Learning Support Assistant

## SMOO CLASS

This half term, Smoo class have been working really hard on friendships and turn-taking through various different games and activities.

We have been magnificent mathematicians as we have been learning all about mass and capacity – we've even managed to take our learning outside to our water and sand tray!

We've thoroughly enjoyed being chefs in catering this half term, making lots of yummy foods such as lasagne, pizza and ramen!



## BEAST QUEST CLASS

This half-term the boys of Beast Quest have been battling fractions... and winning! As every term, I am so impressed with their focus and perseverance as they move through each part of the Maths curriculum.

We've been reading Varjak Paw which is a wonderful tale about a Mesopotamian Blue cat, sent out on a mission by his Elder, to find a dog and save the family. As we read, I not only see their love of being read-to growing, but also the development of those all important comprehension skills.

In writing we have been tasked with creating our very own Cracking Contraptions for Wallace and Gromit, who need a brand new form of transport to do a tour of the UK. They are cracking indeed and will be described in all their glory as we create our own explanation texts.

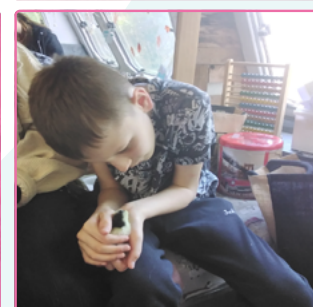
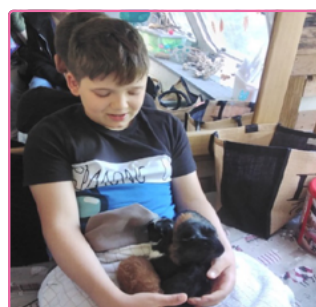
Science is giving us lots of new vocabulary as we wrap our heads around inheritance and evolution, while dipping our toes in Viking seas as we tentatively begin our journey into Viking territory.



## COBRA CLASS

What an amazing half term we have all had in Cobra! Our adventurous learning has enabled us to work alongside all the new life that has begun this springtime. Our visits to A Kind of Magic Animal Centre has meant that we have spent time with Clair's gorgeous baby guinea pigs; Oreo, Ginger nut, and Caramac, whilst learning how to care for them and ensuring that they always safe and happy. The newly hatched chicks and tadpoles have inspired lots of discussion about life cycles and how each of these animals need different habitats to be able grow and survive.

Similarly, at Equifinity we have been able to meet the foals of the wild mares, one of whom was only 6 hours old. Learning how to remain calm and relaxed around these magnificent creatures has taught us how important it is to adapt to change and to face challenges that we might not normally want to do. This has also inspired us when we have been exploring local skate parks and experimenting with different tricks on our scooters. All of these incredible opportunities have strengthened our confidence and enabled our to strive for greater goals and new challenges.





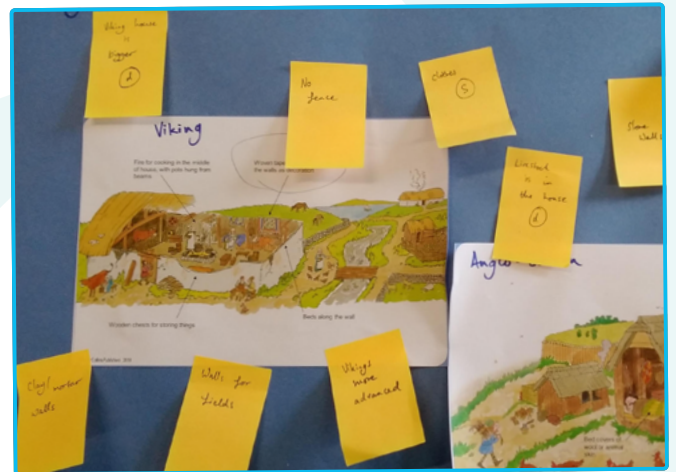
## PLACE HOUSE - ASHBURTON

### LIONS CLASS

This term the Y7 children decided that they would like to learn about the history of weaponry - we have started by learning about the Viking invasion at Lindisfarne, studying the design of their longships and finding out about the 2 main reasons why they wanted to settle in this country.

We are looking forward to a visit to Newton Abbot museum after half term to find out about Viking/Anglo-Saxon history in this area and next week we are going to go exploring an Iron-Age hillfort behind Place House. It is rather overgrown but the top of Tower Hill, behind our school used to be a fort and part of a series of beacons that follow the line of the A38 all the way up from Plymouth which would have been used to warn of attackers from the coast. We will be bringing along our metal detectors!

It's always brilliant to be able to visit places that really were a part of our own history - especially when it is on your own back doorstep.



### PARRETT / YEAR 10 CLASS

Year 10 have been looking at crime and punishment in history, including learning about what being put in the pillories involved (if you ask them, you'll find out!).

They have also been looking at exam papers this term to show them that they already know many of the techniques and information they need. It is really encouraging to hear them confidently identifying such things as rhetorical questions, alliteration and personification! It is important not just for their academic learning but also for their mental health to have increased confidence in their ability to approach Year 11 exams next year.

Forest School and food tech have seen the creation of some culinary triumphs, including kebabs, fajitas and pizzas, as well as a Ready Steady Cook session which led to some varied and delicious dishes. Whilst these sessions are fun, they also provide opportunities for independent work and the gaining of some important life skills.

Swimming has also been a highlight with many making real progress. One of our previously reluctant swimmers is now swimming a length underwater without any problems - well done H! We will be running trips to Dartmoor Prison and Paignton Zoo after half term - details to follow.



## FOREST SCHOOL



Forest school has been full of fun and adventure again this half term.

We've made nature crowns, done a lot of artwork, destroyed numerous pallets, had sloshy mud fights, and enjoyed a lot of tree climbing, digging and playing team games together.

We've also made and eaten some really delicious food; including chow mein, fruit cobbler, cowboy beans with homemade garlic bread.

## DART CLASS

Year 11 are approaching their final few weeks at SfIT and are currently completing their final exams and GCSEs. All our year 11 students have college places for next year, and we are so excited for them as they move on to the next chapter.

Instead of Issy, Molly or Claire writing the newsletter contents for this term, we have handed over to the boys for their reflections on their time at SfIT...



**Leo:** The school here has taught me about being more social in a crowded situation and have assisted in many mental struggles in my life. My quote to leave you with is: "Don't put off until tomorrow what can be done today".

**Ryan:** I would like to leave everyone with this: <https://www.youtube.com/watch?v=dQw4w9WgXcQ>

**Liam:** I have one favourite memory and quote... "The incident". If you know you know (Paul Blake!!)...

**Taylor:** When I joined SfIT I was an extremely challenging student but now I feel very different. My favourite part of SfIT has been battling trauma caused by my past and I now look forward to my future career.

**Kieran:** SfIT has helped me grow in confidence I used to not talk to many people, but now I talk to people whenever I can. When I leave, I will miss the students and teachers.

## SKY CLASS

This half term in Year 8 we have been working hard on innovating and retelling the traditional fairy tale of the 3 little pigs. We have definitely come up with some more exciting endings! In Maths we have worked hard to increase our knowledge of translating, reflecting and rotating shapes.

In Food Technology we have learnt to plan a meal using a budget and how we can use every day ingredients and turn them into a delicious meal. We have also had students go offsite to the donkey sanctuary! After half term we are looking forward to some other offsite trips that we are planning which will work on our social and team building skills and possibly include some Kayaking!



## GRYFFINDOR CLASS

Wow! What another fantastic half term!

Year 9 have thrown themselves into all sorts of new activities and adventures, from Animal Care at Combe Pafford, to Donkey Lovin' at The Donkey Sanctuary!

Also, some of the Year 9 students have also loved the Sound Communities sessions that have been going on. This is fantastic and we can't wait to see and hear the final pieces you have created.

Year 9 have also tried really hard with their new maths topic; percentages, and reading topic; The Arrival. You haven't given up when things have got difficult and it's so nice to see you all try new things.

Well done Year 9!





We would like to introduce you to the **i am me** mental health initiative, which includes an app created by young people for young people.

According to the i am me initiative, 10% of children and young people have been clinically diagnosed with a mental health condition. Half of these are established by age 14, and 70% don't get appropriate intervention at an early age.

To address this societal trend, the i am me initiative is all about teaching young people how to take an active role in looking after their own mental health and wellbeing, by equipping them with the tools and know-how to better cope with the challenges that they face.

The i am me app offers self-help tools including a mood indicator, emotional need calculator, stress tracker and capacity builder. The app provides specialist tools, tips, articles and coaching content as well as carefully selected partnerships and links to further support.

To ensure the content is accurate and offers sound advice, the creators work with a number of charities that specialise in mental health and wellbeing, as well as Samaritans, GPs, mental health advisors, nutritionists, psychologists, counsellors and development professionals.

Available on the App Store, Google Play and as a desktop version, help support a young person in your life by sharing this tool with them today. Find out more here: <https://www.iammeapp.com>

If you have any ideas for wellbeing across the school, please contact us at: [info@sfit.org.uk](mailto:info@sfit.org.uk)



What an amazing, busy half-term we have had here at the Life Chance Trust.

### Running around

Our first ever community fundraising events have taken place: Run Plymouth and Exeter's Great West Run. Thank-you to those of you who joined in, whether, running, volunteering or sponsoring! They were both extremely successful days, engaging with the local community and raising money for us to continue supporting our 16-25 year olds. We are still calculating the overall money raised. The person who's raised the most by June 21st will win a Meta Portal!



### Referrals

We have had 3 new referrals in the last couple of weeks to ask for our help to mentor young people who are struggling post 16. This takes us up to 11 young people being supported by Life Chance Trust through the mentoring programme. All have a variety of needs for support they aren't currently receiving. Our current Year 11's have all applied for college/post 16 places and some have been visiting their future colleges already.



### More funding success!

We've also been awarded £4,980 from the London-based Grocer's Charity towards mentoring over the next 12 months. We have more exciting news regarding funding which we will share in the next newsletter!

### Life Skills workshops

We have now recruited a freelance Youth Facilitator - Issy Harben. Issy will be leading Life Skills Workshops to groups of our young people on a 6 week basis. These Life Skills Workshops will deliver crucial information to our young people who have missed out on learning basic skills for day to day life post 16. These will include subjects such as basic finance, opening a bank account, applying for provisional driving license, wellbeing, sleep, exercise, team building, social skills. This list can go on. We are really excited to get these workshops up and running very soon.

### Fantastic volunteers

On the mentoring front, we have 2 new volunteer mentors who are joining us to help get out and mentor the young people we have who need that extra support. Both mentors bring different areas of expertise and we are really excited for them to get going. This will mean we can mentor even more young people. We are still recruiting! (<https://lifchancetrust.org.uk/about/work-for-us/>)

Finally, we are in the process of recruiting new Trustees to the Board, so watch this space!

Have a happy half-term,

Chloe Sutcliffe  
Listening, Advocacy & Mentoring Co-ordinator  
Life Chance Trust



# Term Dates 2022 / 2023

**September 2022**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

**October 2022**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

**November 2022**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
22	23	24	25	26	27	
28	29	30	1	2	3	4
5	6	7	8	9	10	11

**December 2022**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

**January 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	29	30	31	1	2
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

**February 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	1	2	3	4	5
6	7	8	9	10	11	12

**March 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

**April 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

**May 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
24	25	26	27	28	29	30
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

**June 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9

**July 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

**August 2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

## Term Lengths

- Autumn Half Term
- 7 Sep - 14 Oct
- Half Term to Christmas
- 31 Oct - 16 Dec
- Winter Half Term
- 4 Jan - 10 Feb

- Half Term to Easter
- 20 Feb - 31 Mar
- Spring Half Term
- 17 Apr - 26 May
- Summer Half Term
- 5 Jun - 21 Jul

## Key

-  Holiday
-  Bank Holiday

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	1	2

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	1	2
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

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1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

**May 2024**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

**June 2024**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	29	30	31	1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

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22	23	24	25	26	27	28
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26	27	28	29	30	31	1
2	3	4	5	6	7	8

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Half Term to Easter

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Summer Half Term

- 3 Jun - 19 Jul

**Key**

- Holiday
- Bank Holiday